

SUPPLIES CHECKLIST

Suggestions as to what you should bring to camp. These items are not provided by the Outdoor School.

GROUP LEADER

PROGRAM SUPPLIES:		HEALTH AND SAFETY:	
	Musical instruments Extension cords Rainy weather supplies (ponchos, umbrellas, etc.) Craft supplies Tools TV and video equipment, audio visual supplies P. A. system and projectors Recreational equipment (balls, frisbees, etc.) Board games	CABII	Comprehensive first-aid kit and supplies First-aid treatment logbook Lockbox for medications NS: Toilet tissue Hand soap Trash bags, 13- and 39-gal. size Coffee filters (10-cup basket style)
	HEN: do not bring disposable products such as plates, paper or plastic cups, plastic cutlery, etc. Food and beverages Matches/Lighters Ziploc bags Cleanser and scouring pads Dish towels/cloths/sponges Oven cleaner Dish detergent Bleach Paper towels Napkins	FORM	Proof of school insurance (\$1 million Commercial General Liability) American Red Cross Community First Aid and Safety Certificate or equivalent American Red Cross Lifeguard certificate Signed General Indemnity Signed individual waivers Program schedule
	Aluminum foil		



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INDIVIDUALS

Personal clothing and toiletries (please bring clothes you don't mind getting wet/dirty) Bath towels
Shower shoes
Bedding (sheets, blankets, pillows) or sleeping bag
Camera (optional)
Hiking shoes
Jacket
Rain jacket or poncho
Flashlight with fresh batteries
Insect repellent
Re-usable water bottle (labeled with name)
Sunscreen
Tennis shoes (a pair that can get dirty)
Glasses/contacts (if needed)
Medication (if needed)

- * Please do not bring gum
- * Please label all luggage and supplies